



Guide for Crushing Oral Medication for Residents with Swallowing Difficulties in Residential Aged Care

Medicine	Brand name	Form	Crush or disperse tablet or open capsule	Comments/reasons
ACICLOVIR	Lovir	Tablet	Yes	Soluble, dispersible tablet
ALENDRONATE, ALENDRONATE <i>with</i> CHOLECALCIFEROL	Fosamax Fosamax Plus	Tablet	No	Mucous membrane irritant ¹ Do not divide, crush, chew or disperse tablet ^{3,4} Alternate bisphosphonate available as injection
ALLOPURINOL	Apo-Allopurinol	Tablet	Yes	
AMIODARONE	Cordarone-X Aratac	Tablet	Yes	Crush tablet ⁴
AMITRIPTYLINE	Arrow- Amitriptyline Amitrip	Tablet	Yes	Film coated tablet ³
AMLODIPINE	Apo-Amlodipine	Tablet	Yes	Tablet may be crushed but use immediately, it is very light-sensitive ⁴
AMOXICILLIN	Apo-Amoxi	Capsule	No	Alternative route available ³ Oral liquid form available
AMOXICILLIN/ CLAVULANIC ACID	Curam Duo	Tablet	No	Film coated tablet ³ Alternative route available ³ Oral liquid form available
ASCORBIC ACID	Cvite	Tablet	Yes	
ASPIRIN (Enteric coated)	Ethics Aspirin EC	Tablet	No	Soluble or dispersible tablet available Do not divide, crush, chew or disperse tablet ⁴
ASPIRIN (Dispersible)	Ethics Aspirin	Tablet	Yes	Soluble, dispersible tablet
ATENOLOL	Mylan Atenolol	Tablet	No information	Film coated tablet. Do not halve; when tablet halved, dose equivalence has not established ³
ATORVASTATIN	Lipitor	Tablet	Yes	Film coated tablet ³ Tablets may be dispersed in water ⁴

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AZATHIOPRINE	Azamun Imuprine	Tablet	No	Film coated tablet ³ Do not divide, crush, chew or disperse ⁴ Cytotoxic medicine, crushing causes occupational health and safety risk ³
BACLOFEN	Pacifen	Tablet	Yes	
BENDROFLUAZIDE	Arrow- Bendrofluazide	Tablet	Yes	Do not halve; when tablet halved, dose equivalence has not established ³
BETAHISTINE	Vergo 16	Tablet	Yes	
BEZAFIBRATE	Bezalip	Tablet	No information	Film coated tablet, swallow whole ³
BEZAFIBRATE SR (Long acting)	Bezalip Retard	Tablet	No	Do not divide, crush, chew or disperse tablet ⁴
BISACODYL	Lax-Tab	Tablet	No	Enteric coated with sugar, swallow whole ³ Do not divide, crush, chew or disperse tablet ⁴ Alternative route available, suppositories available ³
BISOPROLOL	Bosvate	Tablet	No	Tablets can be halved, but should not be chewed ³
BROMOCRIPTINE	Apo-Bromocriptine	Tablet	Yes	
BROMOCRIPTINE	Apo-Bromocriptine	Capsule	No	Do not crush, chew or disperse ⁴
BUMETANIDE	Burinex	Tablet	Yes	Tablet may be crushed ⁴
BUSPIRONE	Pacific Bupirone	Tablet	Yes	
CALCITRIOL	Calcitriol-AFT Airflow	Capsule	No	Do not divide, crush, chew or disperse ⁴
CALCIUM CARBONATE	Arrow-Calcium	Tablet	Yes	
CALCIUM CARBONATE EFFERVESCENT 1g	Calsource	Tablet	Yes	Dissolve tablet in water ³
CANDESARTAN	Candestar	Tablet	Yes	
CARBAMAZEPINE	Tegretol	Tablet	Yes	Alternative route available Oral liquid form available May disperse tablets in water ⁴
CARBAMAZEPINE CR (Long acting)	Tegretol CR	Tablet	No	Do not divide, crush, chew or disperse tablet ⁴
CARBIMAZOLE	Neo-Mercazole	Tablet	Yes	Tablet may be crushed ⁴

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CARVEDILOL	Dilatrend	Tablet	Yes	Tablet may be crushed ⁴
CEFACTOR	Ranbaxy-Cefaclor	Capsule	No	Alternative route available Oral liquid form available Do not crush, chew or disperse ⁴
CELIPROLOL	Celol	Tablet	Yes	Film coated tablet ³
CETIRIZINE	Zetop	Tablet	Yes	Film coated tablet ³ Tablets may be halved ³
CHLORPROMAZINE	Largactil	Tablet	No	Film coated tablet ⁴ Do not crush, handle with care due to risk of contact dermatitis ³ Alternative route available Oral liquid form available Do not divide or chew tablet Tablets are slow to disperse ⁴
CHOLECALCIFEROL	Cal-d-Forte	Tablet	No clear information	Sugar coated tablet ⁴
CILAZAPRIL	Zapril	Tablet	Yes	Film coated tablet ³ Tablets may be halved ³
CILAZAPRIL/ HYDROCHLORO- THIAZIDE	Apo-Cilazapril/ Hydrochloro- thiazide	Tablet	Yes	Film coated tablet ³
CIPROFLOXACIN	Cipflox Ciprofloxacin Rex	Tablet	No	Film coated tablets ³ Swallow whole, do not halve tablet, dose equivalence when tablet halved has not be established ³ Alternative route available Oral liquid form available
CITALOPRAM	Arrow-Citalopram	Tablet	Yes	Film coated tablets; tablets may be halved ³
CLARITHROMYCIN	Apo-Clarithromycin	Tablet	Yes	Film coated tablets ³ Tablets may be crushed but will have a bitter taste ⁴ Alternative route available Oral liquid form available
CLINDAMYCIN	Clindamycin ABM	Capsule	No	Do not crush, chew or disperse Oesophageal irritant, capsules to be swallowed with a large glass of water ³
CLOBAZAM	Frisium	Tablet	Yes	Tablets may be dispersed in water ⁴

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CLOMIPRAMINE	Apo-Clomipramine	Tablet	Yes	Film coated tablet. Do not halve tablet, dose equivalence when tablet halved has not been established ³
CLONAZEPAM	Paxam	Tablet	Yes	Alternative route available Oral liquid form available Tablet may be crushed ⁴
CLONIDINE	Clonidine BNM Catapres	Tablet	Yes	Alternative route available Transdermal patch available Tablet may be dispersed in water ⁴
CLOPIDOGREL	Arrow - Clopid	Tablet	Yes	Film coated tablet ³
CLOZAPINE	Clozaril Clopine	Tablet	Yes	Oral liquid form available (Clopine only) ³ Tablets may be crushed, but are poorly soluble ⁴
CODEINE PHOSPHATE	Codeine phosphate PSM	Tablet	Yes	
COLCHICINE	Colgout	Tablet	Yes	Tablets may be dispersed in water ⁴
CO-TRIMOXAZOLE	Trisul	Tablet	Yes	Alternative route available Oral liquid form available ³
CYCLIZINE	Nausicalm	Tablet	Yes	Alternative route available
CYCLOPHOSPHAMIDE	Cycloblastin	Tablet	No	Cytotoxic medicine; occupational health and safety risk to staff ² Do not divide, crush, chew or disperse tablet ⁴
CICLOSPORIN	Neoral	Capsule	No	Alternative route available Oral liquid form available Do not crush, chew or open capsules ⁴
DABIGATRAN	Pradaxa	Capsule	No	Bioavailability increases by 75% when pellets are taken without the capsule shell ¹ Do not crush, chew or open capsules ⁴
DEXAMETHASONE	Douglas Dexamethasone	Tablet	Yes	
DIAZEPAM	Arrow-Diazepam	Tablet	Yes	Alternative route available suppositories available ³

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DICLOFENAC EC	Apo-Diclo	Tablet	No	Alternative route available suppositories available ³ Do not divide, crush, chew or disperse tablet Swallow whole with a glass of water ³
DICLOFENAC SR (Long acting)	Diclax SR	Tablet	No	Alternative route available suppositories available ³ Do not divide, crush, chew or disperse tablet ³
DIGOXIN	Lanoxin Lanoxin PG	Tablet	Yes	Alternative route available Oral liquid form available Tablets may be crushed ⁴
DIHYDROCODEINE TARTRATE LA (Long acting)	DHC Continus	Tablet	No	Do not divide, crush, chew or disperse tablet ³
DILTIAZEM (Immediate release)	Dilzem	Tablet	Yes	Tablets may be crushed ⁴
DILTIAZEM CD (Long acting)	Cardizem CD Apo-Diltiazem CD	Capsule	No	Do not crush, chew or disperse ⁴
DIPYRIDAMOLE	Persantin	Tablet	Yes	Tablets may be crushed ⁴
DIPYRIDAMOLE SR (Long acting)	Pytazen SR	Tablet	No	Do not divide, crush, chew or disperse tablet ⁴
DOCUSATE & SENNA TAB	Laxsol	Tablet	No	Film coated, sugar free tablet ³ Do not divide, crush, chew or disperse tablet
DOCUSATE SODIUM	Laxofast	Capsule	No	Do not crush, chew or break open capsule. Swallow whole with a full glass of water ⁵
DOMPERIDONE	Prokinex	Tablet	Yes	
DONEPEZIL	Donepezil-Rex	Tablet	Yes	Film coated tablet ³
DOTHIEPIN	Dopress	Tablet	Yes	
DOTHIEPIN	Dopress	Capsule	No	
DOXAZOSIN	Apo-Doxazosin	Tablet	Yes	
DOXEPIN	Anten	Capsule	No	
DOXYCYCLINE	Doxine	Tablet	No	Film coated tablets Crushing may cause oesophageal irritation ³

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ENALAPRIL	Acetec Ethics Enalapril	Tablet	Yes	
ENTACAPONE	Entapone	Tablet	Yes	
ERYTHROMYCIN	E-Mycin	Tablet	No information available ⁴	Film coated tablets ³ Alternative route available Oral liquid form available
ESCITALOPRAM	Loxalate	Tablet	Yes	Disperse in water, crushed tablets have an unpleasant taste ⁴
EZETIMIBE	Ezetrol	Tablet	Yes	Disperse in water ⁴
FELODIPINE ER (Long acting)	Plendil ER	Tablet	No	Do not divide, crush, chew or disperse tablet ⁴
FERROUS FUMARATE	Ferro-tab	Tablet	No	Film coated tablets Swallow whole ³
FERROUS FUMARATE <i>with</i> FOLIC ACID	Ferro-F-tabs	Tablet	No	
FERROUS SULPHATE (Long acting)	Ferrograd	Tablet	No	Alternative route available Oral liquid form available
FERROUS SULPHATE <i>with</i> FOLIC ACID (Long acting)	Ferrograd F	Tablet	No	
FINASTERIDE	Rex Medical	Tablet	Yes	Film coated tablets ³ Women of child-bearing potential should not crush or handle broken tablets ¹
FLECAINIDE ACETATE	Tambocor	Tablet	Yes	
FLECAINIDE ACETATE CR (Long acting)	Tambocor CR	Capsule	No	
FLUCLOXACILLIN	Staphlex	Capsule	No	Alternative route available Oral liquid form available Do not crush, chew or open capsules, contents have a bitter taste ⁴
FLUCONAZOLE	Ozole	Capsule	Yes	Alternative route available Oral liquid form available Open capsules and disperse contents in water ⁴
FLUDROCORTISONE ACETATE	Florinef	Tablet	Yes	Tablet may be dispersed in water ⁴
FLUOXETINE	Arrow-Fluoxetine	Capsule	No	Soluble or dispersible tablet available Swallow whole ³

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FLUOXETINE dispersible	Arrow-Fluoxetine	Tablet	Yes	Soluble dispersible tablet
FOLIC ACID	Apo-Folic acid	Tablet	Yes	
FUROSEMIDE (FRUSEMIDE)	Diurin 40	Tablet	Yes	
GABAPENTIN	Nupentin Arrow-Gabapentin	Capsule	Yes	Swallow whole ³ Do not divide, crush, chew or disperse Open capsule and mix contents with orange juice or apple sauce ⁴
GLIBENCLAMIDE	Daonil	Tablet	Yes	Disperse in water ⁴
GLICLAZIDE	Apo-Gliclazide	Tablet	Yes	Crush tablets ⁴
GLIPIZIDE	Minidiab	Tablet	Yes	Disperse in water ⁴
HALOPERIDOL	Serenace	Tablet	Yes	Alternative route available Oral liquid form available Tablets may be crushed ⁴
HYDROXYCHLOROQUINE	Plaquenil	Tablet	Yes	Film coated tablets ³ Tablets may be crushed ⁴
HYDROXYUREA	Hydrea	Capsule	Yes	Exposure to powder causes skin toxicities; wear gloves to administer ¹ May open capsules and empty contents into a glass of water and take immediately ⁴
HYOSCINE N-BUTYL BROMIDE	Gastrosoothe	Tablet	No	Film coated tablets Swallow whole ³ Do not divide, crush, chew or disperse tablet Alternative route available Injectable form available ³
IBUPROFEN	Arrowcare	Tablet	Yes	Oral liquid form available
IBUPROFEN SUSTAINED RELEASE (Long acting)	Brufen SR	Tablet	No	
IMIPRAMINE	Tofranil	Tablet	Yes	Crush tablets ⁴
INDAPAMIDE	Dapa-Tabs	Tablet	Yes	Film coated tablets, do not halve ³ May be crushed ⁴
ISOSORBIDE MONONITRATE	Ismo 20	Tablet	Yes	

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ISOSORBIDE MONONITRATE (Long acting)	Duride Ismo 40 Retard	Tablet	No	Do not divide, crush, chew or disperse tablet ⁴ Crushing will alter absorption of the medicine (Immediate release preparations available) ²
IVERMECTIN	Stromectol	Tablet	No clear information	
LABETALOL	Hybloc	Tablet	Yes	
LAMOTRIGINE (Dispersible)	Lamictal Arrow-Lamotrigine Mogine Logem	Tablet	Yes	Soluble dispersible tablet Tablets may be chewed or dispersed in a small amount of water ⁴
LANSOPRAZOLE	Solox	Capsule	No	
LEFLUNOMIDE	Arava	Tablet	Yes	Gloves and mask should be worn. Women of child-bearing potential should not crush or handle broken tablets
LEVODOPA/ CARBIDOPA	Sindopa Sinemet	Tablet	Yes	Disperse tablet in water and use immediately ⁴
LEVODOPA/ CARBIDOPA CR (Long acting)	Sinemet CR	Tablet	No	Immediate release preparations available ² Do not divide, crush, chew or disperse tablet ³
LEVODOPA/ BENSERAZIDE (Dispersible)	Madopar Rapid	Tablet	Yes	Soluble dispersible tablet Disperse in 10mL water ⁴
LEVODOPA/ BENSERAZIDE	Madopar	Capsule	No	Soluble or dispersible tablet available Do not crush, chew or disperse ⁴
LEVODOPA/ BESERAZIDE (Long acting)	Madopar HBS	Capsule	No	Immediate release and dispersible preparations available ² Do not crush, chew or disperse ⁴
LEVOMEPRMAZINE MALEATE	Nozinan	Tablet	Yes	Film coated tablets ³
LISINOPRIL	Arrow-Lisinopril	Tablet	Yes	
LITHIUM CARBONATE	Douglas LITHIUM CARBONATE	Capsule	No	Do not divide, crush, chew or disperse

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LITHIUM CARBONATE	Lithicarb FC	Tablet	Yes	Film coated tablet Scored, can be halved ³ May be dispersed in water ⁴
LITHIUM CARBONATE (Long acting)	Priadel	Tablet	No	Do not divide, crush, chew or disperse tablet ⁴
LOPERAMIDE	Diamide Relief	Capsule	No	
LOPERAMIDE	Nodia	Tablet	No	Scored tablet, do not halve, swallow whole ³
LORATADINE	Lorafix	Tablet	Yes	
LORAZEPAM	Ativan	Tablet	Yes	Disperse in water ⁴
LOSARTAN	Lostaar	Tablet	Yes	
MEBEVERINE	Colofac	Tablet	Yes	Sugar coated tablet Tablets can be crushed but have a very bitter taste ³
MESALAZINE EC	Asacol Asamax	Tablet	No	Alternative route available suppositories available ³ Do not divide, crush, chew or disperse tablet ³
MESALAZINE (Long acting)	Pentasa	Tablet	No	
MEDROXYPROGESTERONE	Provera	Tablet	Yes	Gloves and mask should be worn. Women of child-bearing potential should not crush or handle broken tablets
METFORMIN	Apotex	Tablet	No information	
METHADONE	Methatabs	Tablet	Yes	Alternative route available Oral liquid form available
METHOTREXATE	Methoblastin Trexate	Tablet	No	Cytotoxic; crushing causes occupational health and safety risk ³ Do not divide, crush, chew or disperse tablet ³
METHYLPREDNISOLONE	Medrol	Tablet	Yes	
METOCLOPRAMIDE	Metamide	Tablet	Yes	Alternative route available
METOPROLOL TARTRATE	Lopresor	Tablet	Yes	Tablets may be crushed ⁴
METOPROLOL TARTRATE (Long acting)	Slow-Lopresor	Tablet	No	Do not divide, crush, chew or disperse tablet ³

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METOPROLOL SUCCINATE (Long acting)	Metoprolol - AFT CR	Tablet	Yes	Do not crush or chew Tablet may be halved or dispersed in water immediately before administration ⁶
METRONIDAZOLE	Trichozole	Tablet	No	Swallow whole, do not chew ³ Crushing will cause unacceptable taste ² Alternative route available Oral liquid form available Do not divide or disperse tablet ³
MIDODRINE	Gutron	Tablet	Yes	
MIRTAZAPINE	Avanza	Tablet	No	Film coated tablet ³ Do not crush, has a bitter taste ⁴ Do not chew, swallow whole ⁴
MOCLOBEMIDE	Apo-Moclobemide	Tablet	Yes	
MORPHINE SULPHATE (Immediate release)	Sevredol	Tablet	No	Crushing will cause unacceptable taste ² Film coated tablets, do not chew but may halve tablets ³ Alternative route available Oral liquid form available
MORPHINE SULPHATE (Long acting)	m-Eslon	Capsule	No	
MORPHINE SULPHATE (Long acting)	Arrow-Morphine LA	Tablet	No	
MULTIVITAMINS	Mvite	Tablet	Yes	
NAPROXEN	Noflam	Tablet	Yes	
NAPROXEN (Long acting)	Naprosyn SR	Tablet	No	Immediate release formulation available ² Do not divide, crush, chew or disperse tablet ³
NEFOPAM	Acupan	Tablet	Yes	
NIFEDIPINE (Long acting)	Adalat Nyefax Retard Adefin XL Arrow-Nifedipine XR	Tablet	No	Crushing will alter the stability of the medicine ² Do not divide, crush, chew or disperse tablet ³
NITROFURANTOIN	Nifuran	Tablet	Yes	If crushed, combine with food ³

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NORFLOXACIN	Arrow-Norfloxacina	Tablet	Yes	Film coated tablet ³
NORTRIPTYLINE	Norpress	Tablet	No information	Film coated tablet ³
OLANZAPINE	Olanzina Zypine Dr Reddy's Olanzapine	Tablet	No	Film coated tablets ³ swallow whole Dispersible tablets available ³
OLANZAPINE orodispersible	Olanzina-D Zypine ODT Dr Reddy's Olanzapine	Tablet	No	Do not halve tablets. Place in mouth whole to disperse in saliva, followed by a glass of water ³
OMEPRAZOLE	Omezol Relief	Capsule	Yes	Alternative route available Oral liquid form available May be dispersed in water (Crushing will alter stability of the medicine) ²
ONDANSETRON	Onrex	Tablet	Yes	Film coated tablets Do not halve tablets ³
ONDANSETRON DISPERSIBLE	Dr Reddy's Ondansetron	Tablet	No	Do not halve tablets Place on top of tongue to disperse, then swallow ³
ORPHENADRINE CITRATE	Norflex	Tablet	Yes	Tablet may be crushed ⁴
OXAZEPAM	Ox-Pam	Tablet	Yes	
OXYBUTYNIN	Apo-Oxybutynin	Tablet	Yes	
OXYCODONE (Immediate release)	Oxynorm	Capsule	No	Alternative route available Oral liquid form available
OXYCODONE (Controlled release tablets) (Long acting)	OxyContin Oxycodone controlled release	Tablet	No	Alternative route available Oral liquid form available
PANTOPRAZOLE EC	Pantoprazole Actavis	Tablet	No	Enteric coated tablets swallow whole, do not chew ³ Consider alternative proton pump inhibitors ² Do not divide, crush, or disperse tablet ³

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PARACETAMOL	Parafast Paracare	Tablet	Yes	Alternative route (suppositories) available ³ Oral liquid form available
PAROXETINE	Loxamine	Tablet	Yes	
PERHEXILINE	Pexsig	Tablet	Yes	
PHENOBARBITONE	Phenobarbitone PSM	Tablet	Yes	
PHENYTOIN	Dilantin	Capsule	No	Alternative route available Oral liquid form available (Bioequivalence) ² Do not crush, chew or disperse ³
PHOSPHORUS EFFERVESCENT	Phosphate-Sandoz	Tablet	Yes	Soluble dispersible tablet
PIOGLITAZONE	Pizaccord	Tablet	Yes	
PIZOTIFEN	Sandomigran	Tablet	Yes	
POTASSIUM CHLORIDE (Long acting)	Span-K	Tablet	No	Soluble or dispersible tablet available Do not divide, crush, chew or disperse tablet ³
POTASSIUM CHLORIDE EFFERVESCENT	Chlorvescent	Tablet	Yes	Soluble dispersible tablet
PREDNISONE	Apo-Prednisone	Tablet	Yes	
PROCHLORPERAZINE	Antinaus	Tablet	Yes	Alternative route available - Buccal tabs and suppositories available
PROMETHAZINE	Allersoothe	Tablet	Yes	
PROPRANOLOL (Long acting)	Cardinol LA	Capsule	No	Do not divide, crush, chew or disperse ³
PYRIDOSTIGMINE	Mestinon	Tablet	Yes	
PYRIDOXINE	PyridoxADE Apo-Pyridoxine	Tablet	Yes	
QUETIAPINE	Seroquel Quetapel Dr Reddy's Quetiapine	Tablet	Yes	Tablets may be crushed ⁴
QUINAPRIL	Arrow-Quinapril	Tablet	Yes	Film coated tablets ³

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QUINAPRIL/ HYDROCHLORO- THIAZIDE	Accuretic	Tablet	Yes	
QUININE SULPHATE	Q 300	Tablet	No	Film coated tablets ³ Crushing will cause unacceptable taste and gastric irritation ³
RALOXIFENE	Evista	Tablet	No	Film coated tablets ³ Avoid contact with skin; teratogenic potential (and unpleasant taste) ¹
RANITIDINE	Arrow-Ranitidine	Tablet	No	Film coated tablets Crushing will cause bitter taste ³ Alternative route available Oral liquid form available
RISEDRONATE SODIUM	Risedronate Sandoz	Tablet	No	Film coated tablets swallow whole, do not suck or chew due to potential oropharyngeal irritation ³ Do not divide, crush, chew or disperse tablet
RISPERIDONE	Ridal Dr Reddy's Risperidone Apo-Risperidone	Tablet	Yes	Film coated tablets ³ Alternative route available Oral liquid form available Tablet may be dispersed in water ⁴
ROPINIROLE	Apo-Ropinirole	Tablet	Yes	
ROXITHROMYCIN	Arrow- Roxithromycin	Tablet	No	Film coated tablets Swallow whole ³
SERTRALINE	Arrow-Sertraline	Tablet	Yes	Film coated tablets Do not halve, dose equivalence has not been established ³
SIMVASTATIN	Arrow-Simva	Tablet	Yes	Film coated tablets ³
SODIUM VALPROATE	Epilim Crushable	Tablet	Yes	Alternative route available Oral liquid form available Tablets may be crushed ⁴
SODIUM VALPROATE EC	Epilim	Tablet	No	Alternative route available Oral liquid form available Do not divide, crush, chew or disperse tablet ⁴
SOTALOL	Mylan	Tablet	Yes	

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SOLIFENACIN	Vesicare	Tablet	No	Film coated tablet, swallow whole ³ Crushed tablets may be irritant to eyes ⁴
SPIRONOLACTONE	Spiractin	Tablet	Yes	Tablet may be dispersed in water ⁴
SULPHASALAZINE (NOT enteric coated)	Salazopyrin	Tablet	Yes	Tablets may be crushed ⁴
SULPHASALAZINE EC (Enteric coated)	Salazopyrin EN	Tablet	No	Immediate release tablets available ² Do not divide, crush, chew or disperse tablet ⁴
SUMATRIPTAN	Arrow-Sumatriptan	Tablet	No	Film coated tablet, swallow whole with water ³ Alternative route available Injectable form available
TAMSULOSIN (Long acting)	Tamsulosin-Rex	Capsule	No	Swallow whole, do not crush or chew as this will interfere with the modified release ³
TAMOXIFEN	Genox	Tablet	Yes	Gloves and mask should be worn. Women of child-bearing potential should not crush or handle broken tablets
TEMAZEPAM	Normison	Tablet	No	Do not halve tablet, dose equivalence of halved tablet has not been established ³ Tablet difficult to disperse ⁴
TENOXICAM	Tilcotil	Tablet	Yes	
TERAZOSIN	Arrow	Tablet	Yes	
TERBINAFINE	Dr Reddy's Terbinafine	Tablet	Yes	
THEOPHYLLINE (Long acting)	Nuelin-SR	Tablet	No	Do not divide, crush, chew or disperse tablet ³
THIAMINE	Apo-Thiamine	Tablet	Yes	
THYROXINE (Levothyroxine)	Eltroxin Synthroid Mercury Pharma Goldshield (Boucher & Muir)	Tablet	Yes	
TOLCAPONE	Tasmar	Tablet	Yes	

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Medicine	Brand name	Form	Crush or disperse tablet or open capsule	Comments/reasons
TOLTERODINE	Arrow-Tolterodine	Tablet	Yes	Film coated tablet ³
TRAMADOL	Arrow-Tramadol	Capsule	No	
TRAMADOL SR sustained-release (Long acting)	Tramal SR	Tablet	No	Do not divide, crush, chew or disperse tablet ³
TRANEXAMIC ACID	Cyklokapron	Tablet	Yes	Tablet may be dispersed in water ⁴
TRIAZOLAM	Hypam	Tablet	Yes	
TRIMETHOPRIM	TMP	Tablet	Yes	
VENLAFAXINE (Long acting)	Arrow-Venlafaxine XR	Tablet	No	Do not divide, crush, chew or disperse tablet ³
VENLAFAXINE (Long acting)	Efexor XR	Capsule	No	Do not crush, chew or disperse ³
VERAPAMIL	Isoptin	Tablet	Yes	Film coated tablet ³ Tablet may be crushed ⁴
VERAPAMIL (Long acting)	Verpamil SR	Tablet	No	Immediate release tablets available ²
VITAMIN B COMPLEX	Bplex	Tablet	Yes	
WARFARIN	Marevan Coumadin	Tablet	Yes	Tablet may be crushed ⁴
ZINC SULPHATE (equivalent to 50 mg elemental zinc)	Zincaps	Capsule	Yes	May open capsule and disperse contents in water ⁴
ZOPICLONE	Apo-Zopiclone	Tablet	Yes	Film coated tablet Tablet may be halved ³

References

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2. 8.1 Draft guidelines for modification of oral formulations. (Adapted from 'Guidelines for medication management in residential aged care facilities; Australian Pharmaceutical Advisory Council November 2002' and 'Australian Pharmaceutical Formulary and Handbook 18th edition and 19th edition'.)
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4. Society of Hospital Pharmacists of Australia. Don't rush to crush handbook. First edition; December 2011; ISBN 978-0-987-1103-3-6
5. The Drugsite Trust. Docusate. www.drugs.com/mtm/docusate.html (Accessed 11-08-14)
6. Direct correspondence with manufacturer

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