

## CPO Hospital Discharge Pathway

### Purpose

To reduce hospital re-admission rates, support re-engagement with primary care at transition and provide seamless service from secondary to primary care.

Coordinated Primary Options funds one consultation with a general practitioner, nurse practitioner or pharmacy prescriber (employed by the general practice) where deemed appropriate following discharge from any Hawke's Bay Hospital, including Wairoa and Central Hawkes Bay, for patients who meet the criteria:

### Entry into Pathway

- Initiated by GP/NP/Pharmacy Prescriber or Hospital Specialists back to primary care
- Service must be delivered within **14 days** of discharge from hospital.

### Eligibility Criteria

1. Hawkes Bay Resident
2. Maori or Pasifika or Reside in Quintile 4 or 5 or hold a current Community Service Card **AND,**
3. **The patient will have been an in-patient for 1 night or more AND**
4. The patient will have had an admission for one or more of the following:
  - Cardiac conditions – includes cardiac surgery, myocardial infarction, hypertension.
  - Heart Failure
  - Gastro-intestinal
  - Abdominal surgery
  - Respiratory- asthma, Pneumonia
  - COPD
  - Musculoskeletal
  - Neurological, CVA/TIA
  - Renal
  - Cellulitis & Infection
  - Diabetes
  - Breast Surgery

### Exclusion Criteria:

- Admissions following acute trauma or other ACC covered conditions
- Private hospital patients unless under HBDHB contract
- Maternity Care
- Mental Health
- Treatment at A&M or Urgent Care centers
- Follow up from Outpatients
- Conditions not listed above

### Funding

Referral and Claiming/Outcome is through the **Halcyon Provider Portal > Hospital Discharge Pathway**.

### Pathway

- (a) On the day of discharge from hospital, a discharge summary shall be sent to the patient's registered general practitioner/nurse practitioner.
- (b) On receiving the discharge letter from the hospital, if the general practitioner/nurse practitioner considers a follow up consultation is appropriate, the patient will be contacted and offered a follow up appointment, within 14 days of discharge for the patient at no charge.
- (c) The consultation will be extended in length beyond the usual appointment time to ensure that a full review of the patient's progress since discharge can be undertaken. In addition, a full review of the patient's medications will occur.
- (d) No co-payment/surcharge can be levied on the patient for this extended consultation.
- (e) The service can be provided by a general practitioner/nurse practitioner or pharmacy prescriber (employed by the practice) if considered appropriate.
- (f) The service will be provided at participating general practitioner clinics throughout Hawke's Bay.
- (g) There is no funding allowance for home visits
- (h) Consultations can be either face to face or virtual (telephone, video call)