

CPO Sexual Health Services

This pathway provides eligible patients timely access to sexual and reproductive health services. The service is delivered within primary care, through contracted practices, by clinically skilled staff and is free of charge to the patient.

Eligibility

- 24 years and under
- Residing in Hawke's Bay
- Entry for eligible patients is by referral from any source including self-referral.

Exclusions

- 25 years and over
- Domiciled outside Hawke's Bay

Outside the Scope of the Service

The following services are outside the scope of this service:

- Specialist Sexual Health Services
- Sexual Abuse and Assault Services (including forensic, non-forensic, historical and paediatric services)
- Termination of pregnancy counselling services
- Primary medical consultations outside of this service
- School based services, youth health service, whanau ora services

Access to Services

- Patients can receive first and follow-up consultations, as required, with a GP, NP or Practice Nurse.
- Where clinically appropriate, follow-up contact can be face to face or tele-consult
- Practices can see eligible casual patients within the practice or refer to the Sexual Health Specialist Service at the Napier Health Centre for primary presentations.

Service funding and Co-payments

- Eligible patients will not be liable for any co-payments.
- There will be no GMS or clawbacks charged by providers when treating casual patients and a CPO claim is made.

Sexual Health Guidelines

Treatment for sexually transmitted infections should be provided in accordance with Aotearoa New Zealand STI Guidelines for Primary Care <https://www.nzshs.org/guidelines>. These guidelines are supported by The Ministry of Health, developed by clinical experts and professional associations to guide clinical care.

Pharmaceuticals

All CPO Sexual Health Medications are ordered through community pharmacy. Please note there are separate pharmaceutical ordering forms below for Napier/Hastings and Rural Practices (Wairoa/CHB).

To ensure that the process of ordering medicines by Medical Practitioner's Supply Order (MPSO) for the CPO Sexual Health Pathway is carried out according to best practice;

1. Medications can be requested directly from community pharmacy through the Sexual Health MPSO request form, as below
2. The quantity requested should be how many courses are required (for example azithromycin is a course of 2 tablets as a single dose. If the request is for 3 this would equate to 6 tablets).
3. Medications will be packaged and labelled per course with the standard instructions as set out by the sexual health request form with any required cautionary advisory labels.
4. From the request form, the community pharmacy will generate an electronic MPSO form which will be sent to the practice. Please ensure this is signed by the medical/nurse practitioner and returned to the community pharmacy within seven days.

Napier/Hastings General Practices:

The below medications are currently excluded from MPSO and can continue be ordered – **Medicine Order form for HBDHB Pharmacy** and delivered through HBDHB Hospital Pharmacy- see link below.

- Clotrimazole
- Fluconazole

To order these medications email the required form to pharmacy.extfax@hbdhb.govt.nz (The EXT part in extfax is important when being sent)

Links to Order Forms

Napier and Hastings – Pharmaceuticals

[CPO Sexual Health MPSO request form- Community Pharmacy](#)

[Napier/Hastings–Medicine Order form for HBDHB Pharmacy](#)

Wairoa and CHB- Pharmaceuticals

[CPO Sexual Health MPSO Wairoa and CHB form-Community Pharmacy](#)

Please note: PHARMAC do restrict the amount of each medicine provided on MPSO (see PHARMAC website Practitioners supply order for more detail). Due to PHARMAC's restrictions, the pharmacy may need to generate multiple MPSO forms to fill the request, all forms will need to be signed and may have the same date on the form.